

PAST PROGRESSIVE / CONTINUOUS

FORMULAS

+

S + was/were + V-ing

She was cooking all morning.

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S + was/were + not + V-ing

She was not sleeping when he came home.

?

Was/were + S + V-ing?

Was she sleeping when he came home?

EXAMPLES

Positive

I She He It	was	working.
You We They	were	

Negative

I She He It	wasn't (was not)	working.
You We They	(were not)	

Question

Was	I she he it	working?
Were	you we they	

Short answers

Yes, No,	I she he it	was. wasn't.
	you we they	were. weren't.

USES

Usage	Example
To describe parallel actions	While I was washing the dishes, I heard a loud noise.
To describe what someone was doing at a particular point in time	I was working in the garden all day yesterday.
To express interrupted action in the past	I was driving to work when I crashed my car.
To describe repetition and irritation	He was always complaining in class.

VIDEO DE APOYO (EXPLICATIVO)

<https://www.youtube.com/watch?v=mZ5ibmL8S-w>